



Sacrifice and Surrender

Jonah 3:1-10– February 11, 2018 Life Group & Personal Bible Study Guide

This guide, based on Sunday's sermon, provides additional study and reflection for personal devotions and Life Group discussion. It's not a full Bible study curriculum, exhaustive commentary, or complete Life Group itinerary, but simply a helpful resource for further study. Feel free to use these thoughts below as you enjoy your time in God's Word!

1) Backgrounds

Have you heard any stories coming out of the 2018 Winter Games that have highlighted the sacrifice and surrender of these Olympic athletes? Why have they sacrificed? Why surrender to such training?

What have you been a part of that took great sacrifice and surrender? Why did you do it? What opportunities have you missed because the sacrifice and surrender were too great?

2) Read Jonah 3:1-10 again and think back over Sunday's sermon.

What points of the sermon or this passage resonated with you?

What questions came to mind? How were you challenged?

Why did "Life's win happen when Jonah chose to align to God's will and way?"

3) Expanding our Understanding

Check Romans 12:1-2 and 1 Corinthians 9:24-27. How is sacrifice or surrender key to aligning our hearts to God's heart?

How can these following Bible passages expand our understanding of sacrifice and surrender?

- a. Matthew 11:28-29 - How is surrender seen in this passage?
- b. Mark 14:35-36 - How is Jesus an example of surrender?
- c. Galatians 1:3-4 - How is Jesus an example of sacrifice?
- d. Philippians 2:5-8 - How did Jesus live a surrendered life?

4) Digging Deeper

Read Psalm 51. Then, consider: what is a "broken spirit; a broken and contrite heart" (vs.17)?

What does that look like today? How do we choose this kind of heart? Why should we?

5) Personal Reflection

How do we tend to be just like Jonah? What aspects of his life do you see reflected in your own?

What is one sacrifice you could make this week for God? What is one way you could surrender to God's will and way this week?

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**Jonah 3:1-10– February 11, 2018
Answers to Sunday's "fill in the blanks"
and other Bible verses**

*Life's win happens when we choose
to align to God's will and way!*



Introduction Notes

Two Choices to Align our Hearts to God's

I. Sacrifice Costs Something (Jonah 3:1-5)

1. Give Up for God's Call

Arise (Matthew 22:35-40, John 13:34-35)

Go

Proclaim

(Deuteronomy 31:8)

2. Endure the Consequences

2 Samuel 24 (see verse 24) or 1 Chronicles 21

II. Surrender to the Will and Way of God (Jonah 3:6-10)

Video: <https://open.life.church/items/174819-surrender-to-god-wmv>

1. Move

2. Humility

3. Repent

4. Stop

5. Pray

(2nd Chronicles 32)



"Neighboring" idea of the week (Luke 10:25-36):

Use the opportunity of Valentine's Day to show care or compassion to a neighbor or coworker this week!