



The Futility of Worry **Matthew 6:25-34 – Aug 13, 2017** for Life Group & Personal Bible Study

This guide, based on Sunday's sermon, provides additional study and reflection. It is not meant to serve as a full Bible study curriculum, exhaustive commentary, or complete Life Group itinerary, but simply as a conversational resource for further study. Feel free to use these thoughts below as you enjoy your Life Group experience or personal time with the Lord.

1) Backgrounds

What are your three top worries?

2) Read Matthew 6:25-34 again and think back over Sunday's sermon.

What points of the sermon or this passage resonated with you?

What questions came to mind? How were you challenged?

3) Understanding the Passage

- Why is food a trivial matter in this passage?
- Why should we take great comfort from the way the animal and plant kingdoms operate?
- What statement does Jesus make four times in this passage?
- What comfort can followers of Christ find in the beauty of nature?
- What does God do for His children when they keep the right perspective, refuse to worry, and trust Him?
- Why is it silly to fret over the future?

4) Parallel Scriptures

- How does Philippians 4:6-9 fit in with Matthew 6:25-34?
- Using your Bible Concordance find two more verses that speak to us about trusting God's provision and that we should not worry or be fearful.

5) Personal Reflection

- What worry will you entrust to God today?
- What steps can you take today to change your priorities from worldly ones to kingdom ones?
- Building on last week's idea of an Ebenezer, what could you create/write out/or make to remind you to trust in God's provision for your daily life?
- Read Matthew 6:33 out loud and consider what "all these things will be added to you" means for you and your family?